

swa-rupa & swa-bhava

My Nature & My Habits



My nature & My habits

#### Occupational Interests

This assessment is divided into 3 sections and each section aims to give a specific kind of information about occupational interests and its influence on career choices and satisfaction with work-life. First section is a short profile of the candidate and aims at providing a general picture of main two occupational interest areas. Second section is a detailed analysis and it provides the key constituents of the candidate's occupational interests which can be used as a reference point while doing the career planning. Third section is about understanding suitable career paths by mapping the career interests into different job families.



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#### Aptitude and Reasoning Ability

Humans have many specific mental abilities such as reasoning, perception, observation, eye-hand coordination etc. Some of these abilities can be assessed more easily and accurately than others, and can then be used reliably as predictors of achievement in various areas. This test measures mental abilities that are positively correlated with performance in studies and at workplace. This test battery measures three (3) main types of aptitude - logical or abstract, numerical and verbal. The scores in this report are likely to be a strong indication of the test taker's true potential in terms of the underlying abilities.

#### Logical aptitude

Is the ability to perform non-verbal reasoning. It involves the ability to think logically and to perceive relationships in abstract figure patterns. People with high logical reasoning can quickly identify a pattern and connect the dots correctly. In other words, this is the problem solving capacity not with experience but by applying sheer logical reasoning. Below list provides additional insight into logical ability.

- Critically evaluating similarities and dissimilarities in different arguments and decide which one is the best for a given purpose.
- Understanding subjects on a complex level through analysis and evaluation. Applying knowledge in problemsolving using theory, metaphor, or complex analogy.
- · Understanding relationships between verbal and non-verbal ideas.



John smith is the 6<sup>th</sup> percentile on the Logical Aptitude

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#### **Key Characteristics**

Human nature is universal, however each of us has some unique individual personality traits, certain ways of thinking, behaving or doing things. This section is a brief of some of your most evident characteristics.

#### Achievement Oriented

#### DESCRIPTION

This refers to the level of ambition and aiming high tendency in the test taker. People with high scores on this factor set a higher target for themselves and for others. They feel empty as soon as the target is achieved and feel a strong need to set another high target or sometimes, revise the target in the middle. They are vigorous, always busy and enjoy being busy all the time. People with low scores on this factor are easy going and relaxed. They are primarily driven by the need for comfort. They do not like to stretch themselves unless there is a high need for that. They set the targets which are pretty achievable for them.

#### SCORE INTERPRETATION

John Smith is motivated to set targets which are a definite stretch, but not unrealistic or impossible. He establishes and adheres to high standards of performance and seeks added responsibility. Prasanth has a "can-do" approach to new and diverse situations, is persistent, and takes repeated or different actions in order to overcome obstacles.

Controlling 6

#### DESCRIPTION

This refers to the degree of control sought by the test taker in his day to day life. The control here means the desire to take charge of people and things. People with high scores on this factor want to be in charge and in control of things and other people. They enjoy assuming leadership positions, exercising control over others, directing the group and making decisions for others. People with low scores on this factor are less interested in leadership roles, controlling others' behaviours and they try to "not interfere" in what others are doing unless specifically asked for.

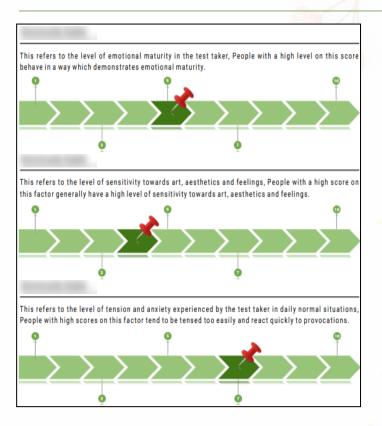
#### SCORE INTERPRETATION

At times, John Smith takes charge of situations while at other times he prefers not to interfere. Whether or not he chooses to shoulder responsibility and take charge is likely to be dependent on situational factors. John Smith may be an initiator or an observer depending on the situation. He may not like to exercise control over others, but if he has to exercise control, it will be supportive and not coercive.

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#### **EQ** Traits

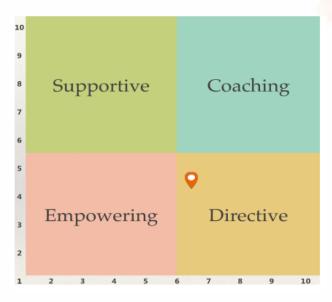
Emotional intelligence is regarded as one of the most valuable leadership traits to succeed in the 21st century as per experts. The future workplace fuelled by AI and robotics is surely going to test the emotional maturity of entire human race. This section looks into your three critical EQ traits.



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#### Leadership Style

Leading is all about doing the right things and getting the best from everyone. So, great leadership is the ability to act with flexibility and agility according to different contexts. But the fact remains that most of us have some strong preference for leading. This section is about your dominant style when it comes to leading others.



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#### **Business Orientation**

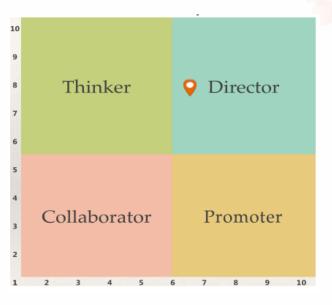
Each individual is part of the society and has different perspectives about viewing the world outside. It is about how one view things like present or future, concrete or abstract etc. This section looks into your orientation to external professional environment.



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#### Communication style

Successful leaders are those who are able to share their vision with others and inspire them to go for it. This greatly depends on their ability to communicate effectively with teams and individuals. This section examines your preferred communication style.



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#### Behavioural Preferences

We think or act in certain ways according to our nature or habits. These preferences essentially form our character. But for each of such preference, there also exists a very different or opposite way. Psychologists call these as dichotomies. This section examines some of your strong preferences with their dichotomies.

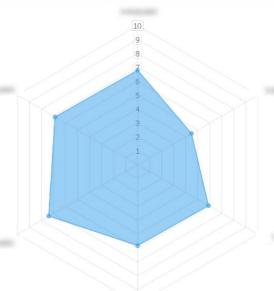


# SAHYA SELF-DISCOVERY TM

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#### Values and Motives

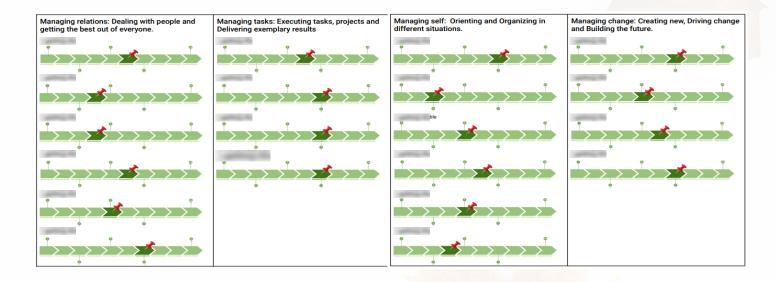
People have very different values and motivations. Values determine the very purpose of our existence. It is important for each of us to act according to our values and achieve what we consider as important in our lives. This section examines your important values from a chosen list.



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#### Success Indicators of one's Nature

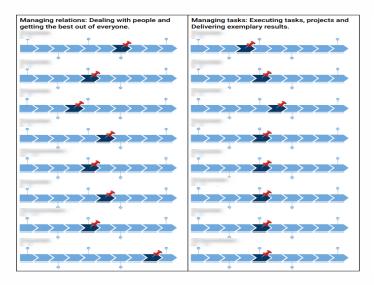
The career challenges of 21st century are unparalleled. In this era of disruption and high ambiguity, career success can only be achieved if the individual is prepared to unlearn and adapt. This section looks at workplace success from four important dimensions of leadership evaluating your 20 personality factors or traits i. e. 'your nature'.

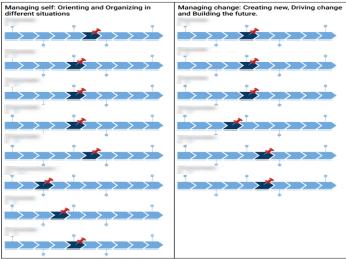


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#### Success Indicators of one's Habits

the career challenges of 21st century are unparalleled. In this era of disruption and high ambiguity, career success can only be achieved if the individual is prepared to unlearn and adapt. This section looks at workplace success from four important dimensions of leadership evaluating your 30 behavioural factors or competencies i. e. 'your habits'.





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#### Career blockers

It is a known fact that overusing any competency would do more harm than good in most situations. There are many psychological factors behind one's failure. Ancient India has acknowledged them as 'enemies of our mind'. These negative traits, not managed within threshold, can potentially lead to 'slow-down' of your career progress and if aggravated can result even in derailment. By closely analysing the correlations of different traits, this section gives you deep insight into ten such 'career blockers'.





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