

A collection of autumn-themed items including various leaves in shades of yellow, orange, and brown, along with small red berries and acorns, scattered on a white background.

EMBARK ON YOUR SELF-DISCOVERY JOURNEY

PACKAGES

A large, semi-transparent green leaf shadow is positioned in the bottom right corner of the page, partially overlapping the green bar.

—Swa-dharma—

MY CAREER DISCOVERY

Description	Line items	Duration
Ideal for students who wish to know their career interests to decide on future career path. it is also recommended for those working professionals who are considering to make a career change. This package is a combination of 1 test and 2 coaching sessions. The test measures the career interests of the candidate and also suggests potential roles from over 600 job clusters. .	<ol style="list-style-type: none">1. My Pathfinder: session with Sahya Coach2. My Career Discovery test: online assessment3. My Career Success: session with Sahya Coach	45 days

Swa-rupa

MY APTITUDE & REASONING ABILITY

Description	Line items	Duration
Ideal for students and working professionals. It is for those who wish to assess their reasoning ability that eventually determines their problem solving and decision making capacity. This package is a combination of 1 test and 2 coaching sessions. The test measures three types of reasoning abilities.	<ol style="list-style-type: none">1. My Pathfinder: session with Sahya Coach2. My Aptitude & Reasoning test: online assessment3. My Career Success: session with Sahya Coach	45 days

Swa-dharma Plus

MY CAREER INTERESTS & APTITUDE

Description	Line items	Duration
<p>This is a combo offer ideal for students who wish to know their career interests and aptitude. It is also recommended for working professionals who are considering to make a career change and eager to know their future potential and type of roles they could fit in. This package is a combination of 2 tests and 2 coaching sessions. Tests measure the career interests, suitable roles and 3 types of reasoning abilities.</p>	<ol style="list-style-type: none">1. My Pathfinder: session with Sahya Coach2. My Career Discovery test: online assessment3. My Aptitude & Reasoning test: online assessment4. My Career Success: session with Sahya Coach	60 days

Swa-rupa

MY NATURE

Description	Line items	Duration
Ideal for fresh graduates and working professionals who wish to improve their self-awareness in terms of their key personality traits, values and motives. The test measures the swa-rupa or the deeply rooted personality factors and provides detailed analysis that is covered in 5 sections. This package include 1 test and 2 coaching sessions.	<ol style="list-style-type: none">1. My Pathfinder: session with Sahya Coach2. My nature test: online assessment3. My nature & habits: session with Sahya Coach	60 days

— swa-rupa plus —

MY NATURE AND MY LEADERSHIP

Description	Line items	Duration
Ideal for middle level to senior managers and executives who wish to improve their self-awareness of their key personality traits, leadership & communication styles, business orientation, values and motives. Test also provides deep insight into the potential impact of their nature at the workplace. The test measures 20 factors and provide detailed analysis that is covered in 8 sections. This package include 1 test and 3 coaching sessions.	<ol style="list-style-type: none">1. My Pathfinder: session with Sahya Coach2. My nature test: online assessment3. My nature & habits: session with Sahya Coach4. My leadership: session with Sahya Coach	60 days

Swa-bhava

MY HABITS

Description	Line items	Duration
Ideal for middle level to senior managers and executives who wish to improve their self-awareness and workplace success in terms of their key characteristics, behaviours, values and motives. Test also provides deep insight into the potential impact of their habits at the workplace. The test measures 30 leadership competencies and provides detailed analysis. This package include 1 test and 2 coaching sessions.	<ol style="list-style-type: none">1. My Pathfinder: session with Sahya Coach2. My habits test: online assessment3. My nature & habits: session with Sahya Coach	45 days

Swa-rupa & Swa-bhava

MY NATURE & MY HABITS

Description	Line items	Duration
Ideal for middle level to senior managers and executives who wish to understand their full personality & behavioural factors, leadership & communication styles, business orientation and values & motives. It also provides detailed analysis of potential career blockers. This is a very comprehensive report that include detailed analysis covered in 14 sections. This package include 1 test and 4 coaching sessions.	<ol style="list-style-type: none">1. My Pathfinder: session with Sahya Coach2. My nature & habits test: online assessment3. My nature & habits: session with Sahya Coach4. My leadership: session with Sahya Coach5. My career success: session with Sahya Coach	120 days

SAHYA SELF- DISCOVERY™

Session with
Sahya Coach

Description	Line items	Duration
Thoughtfully designed sessions that address all key aspects of one's leadership and career success challenges. Aims to enable the coachee to make better career decisions by achieving greater self-awareness. These sessions are the 'heart and soul' of one's self-discovery journey.	<ol style="list-style-type: none">1. My Pathfinder: session with Sahya Coach2. My nature & habits: session with Sahya Coach3. My leadership: session with Sahya Coach4. My career success: session with Sahya Coach5. My development: session with Sahya Coach	1 hour (each session)

SAHYA SELF-DISCOVERY™

My nature & My habits



Ask Sahya

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